

We are excited to announce that we are reintroducing our CODI Pride newsletter! Our newsletter will showcase what is happening at CODI and highlight our appreciation for staff and consumers each month. Please contact Rachel at (609) 965-6871 or rlee@njcodi.org if you would like to share your CODI accomplishments. Thank you!



We are pleased to welcome Robyn Mcanulty to our newly created Wellness Coordinator position. Robyn brings over 31 years of Occupational Therapy experience working with children and adults with various disabilities and injuries in acute care hospitals and multiple sub-acute rehabilitation facilities.

Robyn's experience will support CODI's mission of optimizing independence for those we serve while educating staff on ways to promote safety, avoid injuries, and optimize wellness. Services may encompass working with consumers to increase range of motion, strength, balance, and mobility to promote independence and enhance activities of daily living.

Robyn will also be working with CODI's Property Management Team to identify barriers or accommodations to enhance safety and maximize independence within residential settings. Please feel free to reach out to Robyn with referrals, questions, or additional information at 609 965-6871 or via email @ rmcanulty@njcodi.org.

Mental Health Awareness & Women's Health Month

May is Mental Health Awareness and Women's Health Month. As mental health is stigmatized and marginalized by society, our goal is to bring awareness and improve the quality of living for the individuals we serve living with a mental illness. May also represents Women's Health Month, where we emphasize the importance of women's health. Here are some tips for better health: regular schedule checkups for health screenings, get active, maintain a healthy and balanced diet, and prioritize mental health.

GROUP HOME RENOVATIONS

CODI is committed to providing consumers and staff with work and living environments conducive to wellness and recovery.

CODI continuously renovates and upgrades properties to maximize accessibility and comfort.

Special Thanks to our amazing facilities staff!



1309 Group Home kitchen
(Top-before/Bottom-after)



711 Group Home kitchen
(Top-before/Bottom-after)

CODI Services Continue to Grow

We are pleased to announce a new service. From experience, we know some individuals need assistance to remain independent in their homes. We can evaluate individual needs and install equipment and modifications to make homes accessible and safe.

As an example, we can install:

- Safety bars
- Bed Enablers
- Portable ramps
- Higher toilets, Seat risers or Toiletrators

Our facilities team can also install various accessibility modifications; providing independence and safety in your home is our goal. If you know someone who can benefit from this service, please contact rmcanulty@njcodi.org or call (609) 965-6871.

CULTURAL DIVERSITY- CELEBRATING AAPI MONTH

May marks Asian American & Pacific Islander (AAPI) Heritage Month. At CODI, we are celebrating AAPI Heritage Month by sharing the month's cultural significance through history and food. AAPI Heritage Month initially started as Asian Pacific Heritage Week in 1978. In 1992 Asian Pacific Heritage Week was extended to the entire month.

May is significant for the AAPI community because it marked the month of the first Japanese immigration to the U.S. in 1843. It also commemorates the anniversary of the transcontinental railroad's completion in May 1869, when more than 20,000 Asians worked to complete the transcontinental railroad.

We would like to recognize our Asian and Pacific Islander staff, including Rachel Lee, Yuet Man, Emily Nguyen, and Jennifer Yun.

We are excited to feature DEI recipes of Hawaiian Huli-Huli Chicken and Hawaiian Fried Rice to celebrate AAPI Heritage Month.



"Do something because you really want to do it. If you're doing it just for the goal and don't enjoy the path, then I think you're cheating yourself."

– Kalpana Chawla, NASA astronaut and first Indian-born woman to go to space

COVID REMINDER

Thank you for your continuous efforts in following our COVID-19 procedures to protect staff and consumers. As we continue to navigate operations during the COVID-19 pandemic, we would like to remind everyone to continue to take precautions to minimize the spread of COVID-19. Please continue to social distance, disinfect, wash hands, wear a mask, and pay attention to potential COVID-19 symptoms. We appreciate all your hard work and cooperation.

WELCOME

CODI would like to welcome the following new staff members: **Nicole Burnett, Marilyn Carter, Nettie Johnson, part-time residential counselors, and Ti'Ajicha Williams, maintenance crew member.**

We are also pleased to welcome back **Ruth (Ginger) Gifford.**

BIRTHDAYS AND ANNIVERSARIES

CONGRATULATIONS

May Birthdays:

Brielle Hervey
Charlene Kelly
Joanne Geisenhoffer
Kelsey M
Leonard Lomax
Marilyn Carter
Robert Cheeseman
Rossitza Zlateva

May Anniversaries:

Ashley Diienno - 1 year
Charlene Kelly - 13 years
Donna Carney - 20 years
Robert Koscinski - 5 years
Rafael Peji - 5 years
Shellie Williams-Lewis - 16 years
Wayne Greer Jr - 16 years

**Thanks to staff celebrating May Anniversaries.
Your dedication and service is greatly appreciated.**